

## THERAPIST REFERRALS

### Couples/Individual Adult Referrals

- ***Institute for Couple and Family Enhancement-*** (210) 496-0101, Web: [www.icfetx.com](http://www.icfetx.com)  
Private Pay and some insurances accepted (varies by therapist)(Services Available in Spanish)
- ***Counseling 4 Life-*** (210) 209-0642, <https://www.counseling4lifellc.com>  
Insurance and Private Pay(Services Available in Spanish)
- ***Virginia Gonzalez Delgado-*** (210)-960-5728, [www.lifeinbalancecounseling.net](http://www.lifeinbalancecounseling.net). Individual Adults. Private Pay and Insurance. (Services Available in Spanish)
- ***Betsabé Rubio-Powell-*** (210) 593- 9725, <https://www.restoringbalance.health/> Couples, Individual Adults, and Children 12+ as well as Neurofeedback. Private Pay and Insurance. (Services Available in Spanish)
- ***Vanessa Canales-Cruz-*** [www.Lifepath-counseling.com](http://www.Lifepath-counseling.com)(Services Available in Spanish). Insurance and Private Pay.
- ***Margaret Echavarria***  
<https://www.psychologytoday.com/us/therapists/margaret-echavarria-san-antonio-tx/437691>
- ***Anew Family Counseling (virtual only)*** <https://www.anewfcc.com/services>
- ***Life Balance Therapy-*** <http://lifebalancetherapy.org/> (ask about rates and insurance when you call)
- ***Innova Recovery-*** <https://www.innovarecoverycenter.com/> (trauma focused treatment)

### Child/Adolescent Referrals

- ***Institute for Couple and Family Enhancement-*** (210) 496-0101, Web: [www.icfetx.com](http://www.icfetx.com)  
Private Pay and some insurances accepted (varies by therapist)
- ***Wellspring of Life Counseling and Play Therapy Center-*** (210) 680-4747  
[www.wellspringoflifesa.net](http://www.wellspringoflifesa.net). Private Pay and Insurance.
- ***Counseling4Life-*** 210-209-0642, <https://www.counseling4lifellc.com>. Private Pay and Insurance(Services Available in Spanish)

- **MindWorks-** 210-366-3700,<https://mindworkstx.com/> Private Pay and Insurance.
- **The Vine Wellness Group-**(210) 490-4419, <http://www.thevinewellness.com>. Private Pay Only
- **Anew Family Counseling (virtual only)** <https://www.anewfcc.com/services>
- **Jessica Calderon-** 512-766-3579, <http://www.boernecounselingtx.com/>. Private Pay and Insurance.
- **Brandy Glass-Hamill-** 210-416-1621.  
<https://www.psychologytoday.com/us/therapists/brandy-glass-hammill-san-antonio-tx/58585>. Private Pay and Insurance.
- **Virginia Gonzalez Delgado-** (210)-960-5728, [www.lifeinbalancecounseling.net](http://www.lifeinbalancecounseling.net). Children and Teens (11+) Private Pay and Insurance. **(Services Available in Spanish)**
- **Vanessa Canales-Cruz-** [www.Lifepath-counseling.com](http://www.Lifepath-counseling.com)**(Services Available in Spanish)**. Insurance and Private Pay.